

Rob Waller's
ALL AMERICAN WRESTLING DECEMBER 2008
TRAINING SCHEDULE
AATC=All American Training Center in Latrobe, PA

Sundays	No Practices at all		
Mondays	8, 15, 22	North Allegheny HS	6:15-8:15 PM Elem 8-9:30 Jr/Sr Hi
	29	North Allegheny Intermediate	4-6 PM all ages
Tuesdays	2, 9, 16, 23, 30	AATC	6-8 PM (Elementary) 8-9:30 PM (jr/sr hi)
Wednesdays	3, 10, 17	North Allegheny HS	6:15-8:15 PM Elem 8-9:30 Jr/Sr Hi
	24	No Practice	
	31	North Allegheny	12-4 PM all ages
Thursdays	4, 11, 18	AATC	6-8 PM (Elementary) 8-9:30 PM (jr/sr hi)
	25	No Practice	HAPPY HOLIDAYS!
Fridays	5, 12, 19, 26	AATC	6-8 PM All ages